

Membership Services Webcast



"Paramedic Flourishing at Work: A Way Forward"

Microsoft Teams support generously sponsored by:



**June 26th, 2025, at
9:00 am PDT (12:00 pm, EDT)**

This session will outline a master's thesis using an explanatory sequential mixed methods design to explore paramedic well-being with a strengths-based lens. At the Ottawa Paramedic Service, this study followed the thread of flourishing through a quantitative survey to semi-structured interviews utilizing narrative inquiry with an appreciative focus. There were five important senses associated with paramedic flourishing at work: sense of role identity congruence, sense of self, sense of coherence, sense of opportunity, and sense of connection. Exploring paramedic well-being with a strength-based lens provides an opportunity to learn from those that are actively thriving and replicate their flourishing to provide a picture of hope for the future.



Paige Mason is a special operations tactical paramedic with the Ottawa Paramedic Service. Paige recently finished her Master of Arts in Interdisciplinary Studies with a focus on paramedic well-being utilizing a strengths-based lens. She is a proud member of the McNally Project for Paramedicine Research and has continued interest in appreciative inquiry, occupational and organizational culture, and paramedic driven research.

PCC Membership Services Webcast

Session date: Thursday, June 26th, 2025

Start time: 9:00am Pacific / 12:00pm Eastern

Duration: 1 hour

Membership Services Webcast

When it's time, join your Teams meeting here.

Microsoft Teams [Need help?](#)

[Join the meeting now](#)

Meeting ID: 228 223 859 615 3

Passcode: vP9ah65M

Dial in by phone

[+1 424-566-7554,,628474982#](#) United States, Beverly Hills

[Find a local number](#)

Phone conference ID: 628 474 982#

If you have any questions, please contact Sara
Cinquegrani Cappiello at FirstWatch (760) 658-9886

For further information visit www.paramedicchiefs.ca