



Paramedic Chiefs
of Canada

Chefs Paramédics
du Canada

Paramedic Services Week

May 24-30, 2020

Pandemic: Paramedics on the Front Line

PARAMEDIC RECOGNITION

There are many ways to *THANK-a-PARAMEDIC* and show appreciation for the work they do every day protecting the health and well-being of the public. It doesn't have to be from the public, a patient you treated or someone you resuscitated...it can be from a fellow professional, partner, allied first responder or your family for being the support you need during this time.

Remember, the words THANK-YOU go along way!

Too many to list, but here are a few ideas to consider:

- 1) Using social media tools to highlight employees throughout the day. Gaining public trust is reinforced when they know the professionals who come to help them are no different than themselves; remember heroes are human!
 - a. Have employees post pictures of themselves in silly hats, costumes or with a furry friend (cat/dog) to show the realism of the paramedic
- 2) Encourage the younger public (kids) to show their support by providing a downloadable coloring page www.paramedicchiefs.ca/wp-content/uploads/2020/05/Sol-Coloring-Page.jpg to cut out and tape to their home's front door/window with a paramedic's name on it, or just THANK YOU!
- 3) Promote the public to HONK their car horn throughout the day each time they see an ambulance (not in emergency mode) or when they drive by a EMS base! Make it a competition to have the public help win a prize for a crew working who gets the most honks!
- 4) Take some (washable) window markers and promote your teams with messages on base/ambulance windows. Thank the public for protecting paramedics by staying home and following recommendations to stay safe!
- 5) Find a service group and drop off (in respect of social distancing) supplies, food or treats to remind them you are thinking of them too! Everyone is working together during the pandemic!
- 6) Hand out "ice-cream/slushy" coupons in reward for people you see demonstrating safe practices like kids wearing helmets, people social distancing when outside, good hand-washing techniques for fellow health professionals, for Chiefs to paramedic teams when good PPE practices are demonstrated! Who doesn't love an ice cream sandwich!
- 7) Tie a balloon to someone's parked car (or note under windshield wiper) with a message of thanks and/or reminder better days are ahead: Keep Smiling!
- 8) Pay It Forward.